

So you just became...

Chapter N'siah



**A Mountain Region 65th Term N'siah Release
Compiled with love by Rachel Caryn Baer**

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Contact the Past N'siah

What You Need

She is the Madricha. The girl who just finished the journey you are about to begin. She has tons of helpful advice, but in addition to that, you'll need to get...

 **The N'siah email (if your chapter has one)**

 **The N'siah files**

 **A copy of her platform and State speech**

The last bullet seems strange, but you can use her platform when making a list of your own goals (try to finish what she didn't get the chance to). From her speech, you can see the problems that need fixing and what she wishes she could've done.

Your Goals

S.pecific M.easurable A.ttainable R.elevant T.imely

Think About It

This will be one of the easiest things you do as N'siah, but it will also guide you through your term. Think about what was on your platform, but also go through every board position and think about what it could do to improve your chapter.

What can the board members do?

How can you help them do it?

What needs to be changed?

What can be improved? How?

If you want to wait until after your board meeting, you can include a section about how you will help the board members meet their goals.

Write Them Down

Whether it's on a sticky note or a poster, write your goals down and put them where you can see them. It could be the cover of a binder or a paper on your wall, always keep in mind what you want to do, how you want to do it, and never forget why you ran.

Board Meeting

Set it Up

Make sure that everyone can be there. Sometimes setting up a facebook group makes coordinating much simpler and easier for the future.

What to Cover

As N'siah, you have to make your own outline, but just so you don't forget, I included a list of important things that need to be touched on:

-  **The summer (programming/their schedules)**
-  **The calendar**
-  **Your expectations for them and theirs for you**
-  **SPECIFIC Goals (share yours as well)**
-  **Board theme**
-  **Regional counterpart communication**
-  **Drug/Alcohol policy**
-  **Chair positions**
-  **Communication/set up the next meeting time**

Business Meeting

Set it Up

It's up to you when you want the first Business Meeting to be; sometimes it's better to wait till the summer is over and other times it's not. Programming that's just Elections then State then Business Meeting can be dull, but be excited!

Make sure the majority of the chapter can be there, you cover some important stuff in the first meeting of the term!

What to Bring

Here's a list of things to bring, because this is your first meeting and you might forget something!!

 **Copies of the outline- make a cute theme!**

 **The gavel**

 **Your red book**

 **Past minutes**

What to Cover

This will be on your outline that you make before hand and it's different for every chapter, but every N'siah needs to...



Cover old business



Choose a Stand Up! cause



Choose a chapter Beau (if you didn't already at elections)



Discuss how summer programming works



Announce the board theme

How to Run It

In your red book, you will find a step by step guide of what to say for business meetings. It pretty much goes:

- 1. Opening ceremonies**
- 2. Old business**
- 3. New business**
- 4. Announcements**
- 5. Closing ceremonies**

If you have any specific parli-pro questions, let me know!

For the Summer

What to Do

For many chapters, that can be up to you, your advisor(s), and your S'ganit. Keep in mind that if you regularly meet at the JCC, you might only be able to meet on certain days. Contact your city director to find out your schedule.

Encourage your board to do what they can to get started on their goals and hit the ground running, but don't stress out if not a lot is going on, things pick up once we get back in the fall!

Submitted with undying love for Mountain Region #47, new beginnings, and the International Order of the B'nai B'rith Girls, I forever remain

**Rachel "Sweetie Pie" Baer
65th Mountain Region N'siah**